# **COURSE INFORMATION**

#### **Course Description**

This one-day symposium will provide a comprehensive update of advances in thyroid disorders. Thyroid dysfunction and thyroid cancer are common health problems affecting many people. Through both didactic lectures and interactive workshops, *Thyroid Disorders 2014: New Diagnostics and Treatments for Clinical Practice* will aim to clarify the important issues surrounding assessment and management of these disorders.

Thyroid conditions such as hypothyroidism, hyperthyroidism, thyroid nodules and thyroid cancers are among the most common diseases encountered by physicians. This program aims to clarify the important issues surrounding the diagnosis and management of these common thyroid disorders. Guidelines on hypothyroidism, thyroid nodules as well as well-differentiated and anaplastic thyroid cancer have been recently updated. This conference will utilize and encourage the use of a multidisciplinary approach to educate clinicians about current and controversial issues in thyroid disease and will provide an opportunity for providers to become familiar with the key elements of the updated guidelines and incorporate them into their clinical practice.

#### Learning Objectives

- Incorporate an interdisciplinary approach to the management of patients with thyroid disease
- Evaluate and compare the available molecular tests for thyroid nodules to determine which patients need thyroid surgery and which patients can avoid surgical excision
- Utilize the new recommendations outlined in the updated American Thyroid Association (ATA) guidelines for the treatment of patients with advanced and well differentiated thyroid cancer
- Utilize recommendations in the American Thyroid Association/ American Association of Clinical Endocrinologists (AACE) guidelines to determine when medical therapy is indicated for patients with cardiac manifestations of thyroid disease
- Evaluate and select newly approved targeted oral chemotherapy agents, including TKIs for the treatment of locally advanced or metastatic thyroid cancer refractory to radioiodine therapy

#### **Target Audience**

This conference is intended for practicing endocrinologists, surgeons, pathologists, internists, oncologists, obstetricians, gynecologists, otolaryngologists, as well as primary care and nuclear medicine physicians, radiologists, nurses and allied health professionals with an interest in patients with thyroid disorders.

#### **CME Accreditation**

MedStar Washington Hospital Center is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

#### **Credit Designation**

MedStar Washington Hospital Center designates this live activity for a maximum of 9 AMA PRA Category 1 Credits<sup>M</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### **Disclosure of Financial Relationships with any Commercial Interest**

As a sponsor accredited by the ACCME, it is the policy of MedStar Washington Hospital Center to require that everyone who is in a position to control the content of an educational activity disclose all relevant financial relationships with any commercial interest prior to the educational activity.

The ACCME considers relationships of the person involved in the CME activity to include financial relationships of a spouse or partner. Any individual who refuses to disclose relevant financial relationships will be disqualified from participating in the CME activity. For an individual with no relevant financial relationship(s), the participants must be informed that no conflicts of interest or financial relationships exist.

# MedStar Washington Hospital Center's 10<sup>th</sup> Biennial **THYROID DISORDERS 2014**

# New Diagnostic Tests and Treatments for Clinical Practice

# **DECEMBER 5, 2014**

The Kellogg Conference Hotel at Gallaudet University 800 Florida Avenue, NE Washington, DC 20002

MedStar Washington Hospital Center

110 Irving St, NW, Suite 6D-21 Washington, DC 20010



FOR UPDATED PROGRAM INFORMATION AND TO REGISTER ONLINE, PLEASE VISIT CME.MEDSTARWASHINGTON.ORG/THYROID

MedStar Washington Hospital Center's 10th Biennial





# **THYROID DISORDERS 2014**

**New Diagnostic Tests and Treatments for Clinical Practice** 

# **DECEMBER 5, 2014**

Kellogg Conference Hotel at Galluadet University Washington, DC

#### COURSE CO-DIRECTORS:

#### **KENNETH D. BURMAN, MD** MedStar Washington Hospital Center

Washington, DC

#### JASON A. WEXLER, MD

MedStar Washington Hospital Center Washington, DC



#### COURSE CO-DIRECTORS

#### Kenneth D. Burman, MD

Chief, Section of Endocrinology MedStar Washington Hospital Center Professor, Department of Medicine Georgetown University School of Medicine Washington, DC

#### Jason A. Wexler, MD

Attending Physician, Section of Endocrinology MedStar Washington Hospital Center Clinical Assistant Professor of Medicine Georgetown University School of Medicine Washington, DC

#### FACULTY

Lisa M. Boyle, MD Vice President, Medical Affairs Chief Medical Officer MedStar Georgetown University Hospital Washington, DC

Henry B. Burch, MD Chief, Endocrinology Walter Reed National Army Medical Center Washington, DC

#### Nancy M. Carroll, MD Endocrine Surgeon MedStar Washington Hospital Center Washington, DC

#### Bruce J. Davidson, MD

Professor and Chairman, Department of **Otolaryngology-Head and Neck Surgery** MedStar Georgetown University Hospital Washington, DC

#### Erin A. Felger, MD

**Endocrine Surgeon** Associate Director, General Surgery MedStar Washington Hospital Center Washington, DC

Nazaneen N. Grant, MD Otolaryngologist MedStar Georgetown University Hospital MedStar Washington Hospital Center Washington, DC

#### Megan R. Haymart, MD

Assistant Professor of Medicine Division of Metabolism, Endocrinology, and Diabetes University of Michigan Comprehensive **Cancer Center** Ann Arbor, MI

#### Steven P. Hodak, MD

Associate Director, Clinical Affairs Division of Endocrinology/Metabolism Director, Diabetes and Endocrinology Associates, Faculty Group Practice NYU Langone Diabetes and Endocrine Associates New York, NY

#### Jacqueline Jonklaas, MD Associate Professor, Division of **Endocrinology and Metabolism** Department of Medicine Georgetown University Medical Center Washington, DC

#### Irwin L. Klein, MD

Professor, Medicine and Endocrinology The New York University School of Medicine New York, NY

#### Wen Lee, MD Attending Physician, Section of Pathology MedStar Washington Hospital Center Washington, DC

#### Jennifer E. Rosen, MD

**Chief, Endocrine Surgery** Vice Chair for Research **Department of Surgery** MedStar Washington Hospital Center Washington, DC

#### Steven I. Sherman, MD

Department Chair, Department of Endocrine Neoplasia and Hormonal Disorders **Division of Internal Medicine** Associate Medical Director **Endocrine Multidisciplinary Center** The University of Texas **MD** Anderson Cancer Center Houston, TX

#### **R. Michael Tuttle, MD**

Attending Physician, Department of Medicine Memorial Hospital for Cancer and Allied Diseases New York, NY

#### **Douglas Van Nostrand, MD**

Director, Division of Nuclear Medicine Director, Nuclear Medicine Residency Program MedStar Washington Hospital Center Washington, DC

Leonard Wartofsky, MD, MACP Editor-in-Chief The Journal of Clinical Endocrinology & Metabolism Washington, DC

## AGENDA

7:25 AM	Welcome and Introduction	11:50 AM Lunc
	Thyroid Update 2014: Review of Important Developments Kenneth D. Burman, MD	LUNCH SESSIO
	<b>Thyroid and the Heart</b> Irwin L. Klein, MD	the seven discussion another for Session
	Review of American Thyroid Association Hypothyroidism Guidelines Jacqueline Jonklaas, MD	12:00 PM - 12:55 1:00 PM - 1:45 PM
9:00 AM	Diagnosis and Management of Graves' Disease	Discussion A: Me Steven I. Sherman,
9:30 AM	Henry B. Burch, MD Question and Discussion Session Moderator: Kenneth D. Burman, MD Panelists: H. Burch;	Discussion B: Mo Nodules and Can Steven P. Hodak, M Discussion C: Cor
	J. Jonklaas; I.Klein Break	Henry B. Burch, Ml Discussion D: Cor
	Utility of Radioactive lodine Therapy in Differentiated Thyroid Carcinoma Megan R. Haymart, MD	Lisa M. Boyle, MD; Bruce J. Davidson,
10:40 AM	Surgical Approach and Considerations for Thyroid Cancer Jennifer E. Rosen, MD	Discussion E: Ass Thyroid Cancer Erin A. Felger, MD; Leonard Wartofsky,
	Thyroid Surgery: Pre- and Postoperative Voice Assessment Nazaneen N. Grant, MD	<b>Discussion F: Sub</b> Megan R. Haymart
	<b>Question and Discussion Session</b> Moderator: Jason A. Wexler, MD Panelists: K. Burman; N. Carroll; N. Grant; M. Haymart; J. Rosen; L. Wartofsky	Discussion G: Is T Hypothyroidism? Irwin L. Klein, MD

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#### ONS

each attendee should select one of ions to attend for Session One and n Two.

5 PM Session I Session II

edullary Thyroid Cancer , MD, FACE; Jason A. Wexler, MD

olecular Analysis of Thyroid ncer MD; Wen Lee, MD

mplications of Graves' Disease

ontroversies in Thyroid Surgery Nancy M. Carroll, MD; MD; Jennifer E. Rosen, MD

sessment and Treatment of High Risk R. Michael Tuttle, MD; , MD, MACP

bclinical Thyroid Dysfunction t, MD; Jacqueline Jonklaas, MD

There a Role for T3 in the Treatment of

2:00 PM	Highlights of American Thyroid Association's Cancer Guidelines Steven I. Sherman, MD, FACE
2:30 PM	<b>Evaluating Thyroid Nodules and Cancer in</b> <b>the Age of Molecular Tests</b> <i>Steven P. Hodak, MD</i>
3:00 PM	Assessment and Treatment of Low, Medium and High Risk Differentiated Thyroid Cancer R. Michael Tuttle, MD
3:30 PM	I-131 Therapy in Thyroid Cancer Distant Metastases: When and How Much to Use? Douglas Van Nostrand, MD
4:00 PM	<b>Questions and Discussion Session</b> Moderator: Leonard Wartofsky, MD, MPH Panelists: S. Hodak; S. Sherman; R. Tuttle; D. Van Nostrand

4:15 PM Adjourn

Registration Fees			
Physician	\$235		
Resident/Fellow	\$160		
Allied Health Professional	\$125		
Advanced Practice Clinician	\$125		

#### **Online Registration Preferred**

REGISTRATION

Please visit our secure website at http://cme.medstarwashington.org/thyroid for updated program and registration information. We are unable to accept registrations or cancellations by telephone. If you wish to pay your registration fee by check, please download and print a registration form and mail it to the address on the registration form with your check.

All registrations will be confirmed by email only. Please use an email address that you check regularly. If you have questions regarding registration or do not receive an email confirmation of your registration within 1-2 business days, please contact us at whccme@gmail.com or 202-877-8220.

### VENUE

The Kellogg Conference Hotel at Gallaudet University 800 Florida Avenue, NE Washington, DC 20002 Phone: 202-651-6000 http://kelloggconferencehotel.com/index.php

#### Cancellation Policy:

Cancellations made in writing by October 20, 2014 will be subject to a 50% penalty. No refunds will be given after October 20, 2014. Cancellations will not be accepted by telephone. In the unlikely event that the course is canceled, MedStar Washington Hospital Center will refund the registration fee, but is not responsible for any travel costs.

Please call 202-877-8220 or email WHCCME@gmail.com if you any questions or need any additional information.

#### **Special Assistance**

MedStar Washington Hospital Center wishes to ensure that no individual with a disability is excluded, denied services, segregated or otherwise treated differently from other individuals because of the absence of auxiliary aids or services identified in the Americans with Disabilities Act. Please call 202-877-8220 to notify us of your needs.

